

VP Weekly/Monthly Events - Fall 2025

Monday

8:00	Yoga
10:00	Water Exercise - Pool
1:00	Dominos
6:30	Cards

Tuesday

9:00	Cardio Drumming
12:00	Cards
7:00	Bingo

Wednesday

8:00	Yoga
10:00	Water Exercise - Pool

Thursday

10:00	Tia Chi (Starts in October)
1:00	Crafts TBA

Friday

8:00	Yoga
10:00	Water Exercise - Pool
6:00	Hand and Foot
6:30	Cards/Games

Saturday

12:00	Cards
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Monthly Events

First Saturday of Month

Coffee Hour - 9:00 a.m.
Social Committee - 10:00 a.m.

Second Saturday of Month

Trivia - 6:00 p.m. - Sign up in Clubhouse \$8 cost at the door

First Friday of Month

Good Reads - 1:00 pm — (Cancelled for Sept. & Oct.)