

December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8 am Yoga 10 am Water Exercise 1 pm Dominos 5 pm Happy Hour - Patio 6:30 pm Cards	2 9 am Cardio Drum 12 pm Cards 7 pm Bingo	3 8 am Yoga 10 am Water Exercise 1-2 pm President's Mtg	4 10 am -Tai Chi 1 pm Crafts TBA	5 8 am Yoga 10 am Water Exercise 1 pm - Goodreads 6 pm Hand&Foot 6:30 Cards/Games	6 9 am Coffee Hour 10 am Social Comm 12 pm Cards
7	8 8 am Yoga 10 am Water Exercise 1 pm Dominos 5 pm Happy Hour - Patio 6:30 pm Cards	9 9 am Cardio Drum 12 pm Cards 7 pm Bingo	10 8 am Yoga 10 am Water Exercise 1-2 pm President's Mtg	11 10 am -Tai Chi 1 pm Crafts TBA	12 8 am Yoga 10 am Water Exercise 6 pm Hand&Foot 6:30 Cards/Games	13 12 pm Cards 6 pm Trivia
14 6 pm - Secret Santa gift exchange & appetisers	15 8 am Yoga 10 am Water Exercise 1 pm Dominos 5 pm Happy Hour - Patio 6:30 pm Cards	16 9 am Cardio Drum 12 pm Cards 7 pm Bingo	17 8 am Yoga 10 am Water Exercise 6 pm Board Mtg	18 10 am -Tai Chi 1 pm Crafts TBA	19 8 am Yoga 10 am Water Exercise 6 pm Hand&Foot 6:30 Cards/Games	20 12 pm Cards
21	22 8 am Yoga 10 am Water Exercise 1 pm Dominos 5 pm Happy Hour - Patio 6:30 pm Cards	23 9 am Cardio Drum 12 pm Cards 7 pm Bingo	24 8 am Yoga 10 am Water Exercise 1-2 pm President's Mtg	25 CHRISTMAS DAY	26 8 am Yoga 10 am Water Exercise 6 pm Hand&Foot 6:30 Cards/Games	27 12 pm Cards
28	29 8 am Yoga 10 am Water Exercise 1 pm Dominos 5 pm Happy Hour - Patio 6:30 pm Cards	30 9 am Cardio Drum 12 pm Cards 7 pm Bingo	31 NEW YEAR'S EVE	NEW YEAR'S DAY		