

# January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1  1 pm Crafts TBA	2  8 am Yoga 9 am Pickleball 10 am Water Exercise 6 pm Hand&Foot 6:30 Cards/Games	3  <b>9 am Coffee Hour</b> <b>10 am Social Comm</b> 12 pm Cards
4	5 8 am Yoga 9 am Pickleball 10 am Water Exercise 1 pm Dominos 5 pm Happy Hour - Patio 6:30 pm Cards	6  9 am Cardio Drum 12 pm Cards 7 pm Bingo	7  8 am Yoga 9 am Pickleball 10 am Water Exercise 1-2 pm President's Mtg	8  1 pm Crafts TBA	9  8 am Yoga 9 am Pickleball 10 am Water Exercise <b>1 pm - Goodreads</b> 6 pm Hand&Foot 6:30 Cards/Games	10  12 pm Cards <b>12 - Cremation talk &amp; lunch</b> <b>6 pm Trivia</b>
11	12 8 am Yoga 9 am Pickleball 10 am Water Exercise 1 pm Dominos 5 pm Happy Hour - Patio 6:30 pm Cards	13  9 am Cardio Drum 12 pm Cards 7 pm Bingo	14  8 am Yoga 9 am Pickleball 10 am Water Exercise 1-2 pm President's Mtg	15  1 pm Crafts TBA	16  8 am Yoga 9 am Pickleball 10 am Water Exercise 6 pm Hand&Foot 6:30 Cards/Games	17  12 pm Cards
18  <b>5 pm - Soup &amp; Salad at the Diner</b>	19 8 am Yoga 9 am Pickleball 10 am Water Exercise 1 pm Dominos 5 pm Happy Hour - Patio 6:30 pm Cards	20  9 am Cardio Drum 12 pm Cards 7 pm Bingo	21  8 am Yoga 9 am Pickleball 10 am Water Exercise <b>6 p.m Board Meeting</b>	22  1 pm Crafts TBA	23  8 am Yoga 9 am Pickleball 10 am Water Exercise 6 pm Hand&Foot 6:30 Cards/Games	24  12 pm Cards
25	26 8 am Yoga 9 am Pickleball 10 am Water Exercise 1 pm Dominos 5 pm Happy Hour - Patio 6:30 pm Cards	27  9 am Cardio Drum 12 pm Cards 7 pm Bingo	28  8 am Yoga 9 am Pickleball 10 am Water Exercise 1-2 pm President's Mtg	29  1 pm Crafts TBA	30  8 am Yoga 9 am Pickleball 10 am Water Exercise 6 pm Hand&Foot 6:30 Cards/Games	31  <b>9:15 am check-in:</b> <b>Monk Annual Golf Outing</b> <b>1:30 p.m. Golf lunch</b> 12 pm Cards
				last updated 1/14/26		